



NARAYANA
MEDICAL COLLEGE



**THEME: BASICS TO
BREAKAWAYS**

ZONAL CME

ZONE - 4

29th March 2026

**ORGANIZED BY:
DEPARTMENT OF ANAESTHESIOLOGY**

BASICS TO BREAKAWAYS

Venue: Narayana Medical College, Nellore

2

*Expected Credit Hours
From APMC*

THEME: BASICS TO BREAKAWAYS

ZONAL CME

29th March 2026

PROGRAMME SCHEDULE

08:30 - 09:00 AM	REGISTRATION	
09:00 - 09:30 AM	PRELOAD, AFTERLOAD, CONTRACTILITY - PHYSIOLOGICAL IMPLICATIONS	DR. HARISH BABU R (PROFESSOR), NMCH
09:30 - 10:00 AM	PHYSIOLOGY OF CARDIOPULMONARY RESUSCITATION AND 2025 UPDATES	DR. D. HARITHA (ASST. PROF), NMCH
10:00 - 10:30 AM	SIGNIFICANCE OF GLYCOCALYX DURING PERIOPERATIVE PERIOD	DR. A. SHINY PRIYADARSHINI (ASSOC. PROF), NMCH
10:30 - 10:45 AM	TEA TIME	
10:45 - 11:30 AM	ANAESTHETIC IMPLICATIONS IN ROBOTIC SURGERY	DR. R. PRABHAVATHI (PROFESSOR), NMCH
11:30 - 12:15 PM	ANAESTHETIC CONSIDERATIONS IN HYPERTHERMIC INTRAPERITONEAL CHEMOTHERAPY SURGERY	DR. SRINIVAS (PROF & HOD), ACSR NELLORE
12:15 - 12:45 PM	INTRA AORTIC BALLOON PUMP	DR. VIJAYA REKHA (ASST. PROF), NMCH
12:45 - 01:15 PM	PROSPECT GUIDELINES FOR MASTECTOMY	DR. VANDANA (SR), NMCH
01:15 - 02:00 PM	LUNCH BREAK	
02:00 - 02:45 PM	HOW DO I DO - VATS ESOPHAGECTOMY	DR. VENKATESWARA RAO V (ASST. PROF), NMCH
02:45 - 03:10 PM	SNAP SESSION: PERIOPERATIVE RESUSCITATION AND LIFE SUPPORT	DR. DEEPTHI (ASST. PROF)
03:10 - 03:30 PM	GLP-1 AGONISTS AND PERIOPERATIVE IMPLICATIONS	DR. HARI KRISHNA (ASST. PROF)
03:30 - 04:00 PM	KAHOOT / QUIZ	



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ZONAL CME | 29TH MARCH 2026

REGISTRATION FEES

- PGS - ₹100
- CONSULTANTS - ₹500
- PRACTISING PHYSICIANS - ₹700
- SPOT REGISTRATION AVAILABLE AT SAME CHARGES

SCAN & PAY



Click Here

TO REGISTER!

<https://forms.gle/uDnY2NEmgaQXgWUT7>

KRANTHI BABU DHARMARAJ

(UPI ID: 7382301287@YBL)

AFTER COMPLETING THE PAYMENT, PARTICIPANTS ARE REQUESTED TO SHARE A SCREENSHOT OF THE TRANSACTION ALONG WITH THEIR NAME, COLLEGE/HOSPITAL, AND DESIGNATION TO THE ABOVE CONTACT NUMBER FOR REGISTRATION CONFIRMATION.

CONTACT: DR. KRANTHI - 7382301287

NARAYANA MEDICAL COLLEGE

Chinthareddypalem, Nellore - 524003

ZONAL CME – DEPARTMENT OF ANAESTHESIOLOGY

Zonal CME 2026: Basics to Breakaways in Anesthesia

The Zonal CME 2026 (Zone 4), organized by the Department of Anaesthesiology at Narayana Medical College, Nellore, on 29th March 2026, provided a valuable academic platform for anesthesiologists and postgraduate students. Centered around the theme “Basics to Breakaways,” the program successfully integrated foundational concepts with advanced clinical practices.

The CME began with essential topics such as preload, afterload, and contractility, reinforcing core physiological principles. Updates on cardiopulmonary resuscitation (2025 guidelines) ensured participants stayed aligned with current emergency care standards. Emerging areas like the glycocalyx in the perioperative period and GLP-1 agonists in anesthesia highlighted the evolving nature of the specialty.

Advanced sessions on robotic surgery, HIPEC procedures, and VATS esophagostomy provided practical insights into anesthetic management in complex surgical settings. Additionally, discussions on intra-aortic balloon pump and PROSPECT guidelines for mastectomy emphasized evidence-based and patient-centered care.

The CME concluded, encouraging active learning and knowledge retention. Overall, the event offered a well-balanced and engaging academic experience, effectively bridging fundamental knowledge with modern advancements in anesthesiology.

