



NARAYANA MEDICAL COLLEGE

CHINTHAREDDYPALEM, NELLORE - 524003, ANDHRA PRADESH, INDIA

Call : 0861-2355511, Extn. 2306 & 2150, Toll Free : 1800 425 0066 Website : www.narayanamedicalcollege.com

E-mail : principal@narayanamedicalcollege.com

MEMORANDUM OF UNDERSTANDING

Between

Narayana Yoga Veekshan

And

Narayana Medical College & Associated Institutions

This Memorandum of Understanding (hereinafter referred to as "MoU") is made and entered into on this 15th day of July 2026.

BY AND BETWEEN

Narayana Yoga Veekshan, having its registered office at 10th Floor, Melange Tower, Hi Tech City, Madhapur, Hyderabad, hereinafter referred to as "NYV",

AND

Narayana Medical College & Associated Institutions, including:

- Narayana Medical College
- Narayana Pharmacy College
- Narayana Dental College
- Narayana Nursing College

having its campus at Nellore, Andhra Pradesh, India, hereinafter referred to as "NMC". NYV and NMC shall hereinafter be collectively referred to as "the Parties".

1. Purpose of the Collaboration

The purpose of this MoU is to introduce structured Yoga sessions for students and staff across the institutions under NMC, with the objective of promoting:

- Physical health
- Mental well-being
- Stress management
- Emotional resilience

The program aims to integrate Yoga as a preventive and supportive wellness practice within campus life.

N. Srikanth Reddy

[Signature]
15/7/26
DEAN

Narayana Medical College
Chinthareddypalem, Nellore-3

In active collaboration with



SRI RAMACHANDRA
INSTITUTE OF HIGHER EDUCATION AND RESEARCH
(Category - I Deemed to be University) Pondicherry



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2. Scope of Services

2.1 Deployment of Teachers

NYV shall provide:

- One Yoga Teacher to NMC
The teacher shall be qualified and trained as per the standards prescribed by NYV and shall maintain professional conduct at all times.

2.2 Coverage

Yoga sessions shall be offered to:

- Students of Medical, Pharmacy, Dental, and Nursing Colleges
- Teaching Faculty
- Non-teaching Staff

3. Structure of the Program

3.1 Introductory sessions

- Introductory sessions may be offered for all the students.
- These may be offered as an individual session or a series of 6 sessions according to the individual college's requirement.
- Sessions may be scheduled Year-wise or department-wise.
- Yoga session(s) may be offered during Induction program for first year students

3.2 Post-Introductory Continuation

Upon completion of the introductory sessions:

- Students may voluntarily continue participation.
- Advanced or specialized modules may be introduced based on interest of the students.
- Long-term engagement models may be developed mutually.

4. Scheduling and Logistics

The timetable shall be before 7.30 am and after 5.30 pm daily

NMC shall:

- Provide adequate open space within the campus of NMC for Yoga Classes.

NYV shall:

- Provide structured session plans.
- Ensure punctual and systematic conduct of sessions.

N. Srikanth Reddy

DEAN

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Category - Deemed to be University Prior Scheme



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5. Duration of Agreement

This MoU shall remain in force for an initial period of One (01) year from the date of signing. The agreement may be renewed upon mutual consent following performance review.

6. Responsibilities of Narayana Medical College

NMC shall:

- Encourage the participation of students for the Yoga sessions.
- Maintain discipline and decorum during sessions.

8. Responsibilities of Narayana Yoga Veekshan

NYV shall:

- Provide a structured curriculum.
- Ensure gender-sensitive approach through male and female instructors.
- Maintain attendance records.
- Submit periodic progress reports if required.
- Adhere to institutional policies and code of conduct.

9. Monitoring and Review

Quarterly review meetings shall be conducted between the Parties.

Feedback may be collected from:

- Students
- Faculty

The module may be refined based on review outcomes.

10. Certification of Appreciation (Optional)

Students completing certain number of sessions may be awarded a Appreciation Certificate, subject to mutual agreement.

11. Additional Services

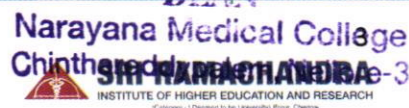
NYV may also offer:

- Annual International Yoga Day (21st June) celebrations
- Stress-relief modules during examination periods
- Pre- and post-program wellness assessment surveys
- Special Yoga camps for interns and residents

N. Srikant Reddy

[Signature]
15/7/20

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12. Confidentiality and Professional Conduct

All instructors shall respect institutional protocols and privacy standards.

No medical advice shall be provided beyond the scope of Yoga instruction unless legally qualified to do so.

13. Termination

Either Party may terminate this MoU by providing 30 days' written notice. Immediate termination may occur in the event of breach of terms.

14. Dispute Resolution

Any disputes arising under this MoU shall be resolved amicably through mutual discussion. Jurisdiction for any legal matters shall be Nellore, Andhra Pradesh.

IN WITNESS WHEREOF, the Parties have signed this Memorandum of Understanding on the date first mentioned above.

For Narayana Yoga Veekshan

Name: **Srikanth Reddy Narravula**

Designation: **Head of the Department**

Signature: N. Srikanth Reddy

For Narayana Medical College

Name: **Dr. P. Sreenivasulu Reddy**

Designation: **DEAN**

Signature: Dr. P. Sreenivasulu Reddy

DEAN

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Chinthareddypalem, Nellore-3