

Knots & Suturing Workshop Successfully Conducted at Narayana Medical College

The Surgical Specialties of Narayana Medical College in association with Meril India, successfully conducted a two-day “**Knots & Suturing Workshop**” for first-year postgraduate students on **29th and 30th May 2026**.

The workshop was designed to strengthen the foundational surgical skills of postgraduate trainees from **General Surgery, ENT, Orthopaedics, and Obstetrics & Gynaecology**. The following faculty from General Surgery were the resource persons for the programme. Dr.N.Venkata Harish, Dr.P.Chaitanya kumar Reddy, Dr.Mounica Ram, Dr.Bharath, Dr.Santhan Harsha, Dr.Nagabrahmaiah & Dr.Lakshmi.

The sessions combined brief demonstrations with extensive practical exercises, allowing participants to practice a variety of surgical knots, instrument handling techniques, tissue approximation methods, and basic suturing skills using simulation models. Faculty members from the participating departments guided the trainees through each step, emphasizing precision, ergonomics, knot security, and adherence to surgical principles.

The workshop witnessed enthusiastic participation from first-year postgraduate students, who benefited from individualized feedback and repeated practice in a supportive learning environment. The interactive format enabled trainees to refine their technical skills, improve hand-eye coordination, and build confidence before applying these techniques in the operating room.

The workshop concluded with a certificate distribution ceremony and positive feedback from participants, who appreciated the opportunity to learn and practice essential surgical skills under expert mentorship.

Through initiatives such as this, Narayana Medical College remains committed to promoting competency-based surgical education and nurturing the next generation of skilled, confident, and compassionate surgeons.













