

NARAYANA MEDICAL COLLEGE

Chinthareddypalem, Nellore - 524003

Write up on FDP- Sensitization on Anti-Doping regulations & WADA guidelines

Topic:- Rational Prescription of Medications: Compliance with Anti-Doping Regulations And WADA Guidelines

The Department of Medical Education, Narayana Medical College, successfully conducted a Faculty Development Programme as part of its ongoing academic enrichment initiatives. The session, titled “Rational Prescription of Medications: Compliance with Anti-Doping Regulations and WADA Guidelines,” was held on 25th March 2026 via an online Zoom platform.

The programme featured an expert talk by Dr. Jahnavi Dande, Head of the Department of Sports Medicine at the Netaji Subhas National Institute of Sports, under the Sports Authority of India, Ministry of Youth Affairs and Sports, Government of India. The programme was conducted under the guidance of Dr. P. Sreenivasulu Reddy, Dean, Narayana Medical College, and coordinated by Dr. V. Mahidhar Reddy, MEU Coordinator.

The session aimed to sensitize faculty members to the critical importance of prescribing medications responsibly, especially in the context of athletes and anti-doping regulations. Dr. Dande provided a comprehensive overview of the World Anti-Doping Agency (WADA) guidelines, highlighting commonly used medications that may inadvertently contain prohibited substances. She emphasized the ethical and legal responsibilities of healthcare professionals in ensuring compliance with anti-doping norms.

The interactive session encouraged active participation from faculty members, who engaged in meaningful discussions and clarified practical concerns related to prescribing in sports medicine and general practice.

The session was highly informative and well-received by participants, reinforcing the need for increased awareness about anti-doping regulations in routine clinical practice. It also highlighted the evolving role of medical educators in integrating such critical topics into the medical curriculum.



REC



Jahnvi Dande



Participants (167)

Search

- DR** Dr.V.Mahidha... (Co-host, me)
- NM** Narayana Medical Col... (Host)
- JD** Jahnvi Dande (Co-host)
- DP** Dr P. SREENIVASULU REDDY
- 1B** 116818-Dr Batchu Naga Sup...
- 5** 5za

Invite

Mute all





ANTI-DOPING RULE VIOLATIONS (ADRVs)

11 Anti-Doping Rule Violations.



Presence



Use



Evasion



Whereabouts failures



Tampering



Possession



Trafficking



Administration to an athlete



Complicity



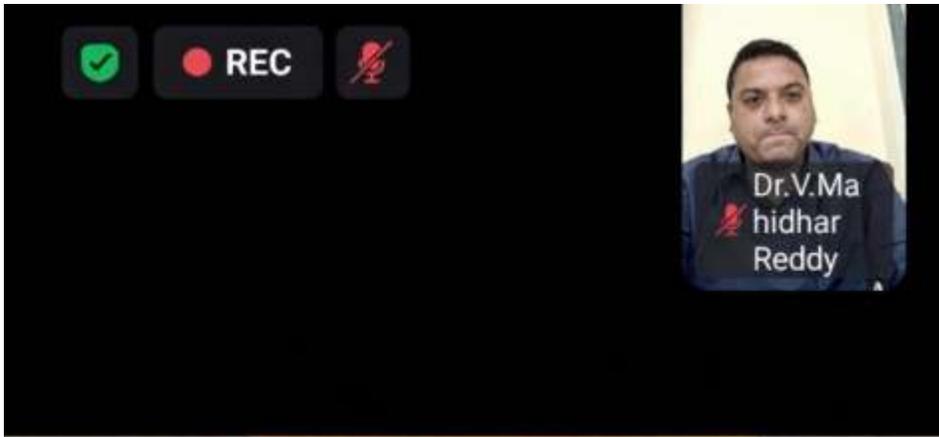
Prohibited Association



Discourage or Retaliate



Jahnavi Dande's screen



Rational Prescript...

Dr G RAMESH BABU **Dr P. SREENIVASULU REDDY**

REC

Dr Vijayamohan Rao **Jahnavi Dande**

Nothing A059 **Pench's iPhone**

Priyanka's iPhone **rithwik**

Dr.V.Ma hidhar Reddy

Unmute **Stop video** **Chat** **More** **Leave**



NARAYANA
MEDICAL COLLEGE

FACULTY DEVELOPMENT SERIES

**Rational Prescription of Medications :
Compliance with Anti-Doping Regulations
and WADA Guidelines**



Programme Organized by

DEPARTMENT OF MEDICAL EDUCATION



SPEAKER

DR JAHNAVI DANDE

Head of the Dept. of Sports Medicine,
Netaji Subhas National Institute of Sports,
Sports Authority of India,
Ministry of Youth Affairs and Sports, Govt of India.



**Guest Lecture on Zoom
25-03-2026, 3.30 to 4.30 PM**

Join Zoom Meeting

[https://narayanagroup.zoom.us/j/2124179125?](https://narayanagroup.zoom.us/j/2124179125?pwd=T1BZT0lKcWdHMUHCbFITOE56cS9GUT09&omn=87466989428)
[pwd=T1BZT0lKcWdHMUHCbFITOE56cS9GUT09&omn=87466989428](https://narayanagroup.zoom.us/j/2124179125?pwd=T1BZT0lKcWdHMUHCbFITOE56cS9GUT09&omn=87466989428)

Meeting ID: 212 417 9125

Passcode: 957525

Programme
organized by

DR.P.SREENIVASULU REDDY,
Dean, NMCH

DR. V. MAHIDHAR REDDY
MEU Coordinator, NMCH