

Career-Oriented Program for CRRIs (2020 Batch)

Narayana Medical College and Hospital, Chinthareddypalem, Nellore, organized a Career-Oriented Program for the Compulsory Rotatory Residential Interns (CRRIs) of the 2020 batch as part of its ongoing commitment to career guidance, professional development, and academic excellence among undergraduate medical graduates.

Program Details

Date: 26th December 2025

Time: 08:30 AM – 09:30 AM

Venue: B. C. Roy Lecture Gallery, S.S. Block, 1st Floor

Participants: All CRRIs of the 2020 batch

The program was conducted to create structured awareness among interns regarding career pathways after MBBS, postgraduate entrance examinations, and the importance of early planning, mentorship, and portfolio building for long-term professional success. The session witnessed active and enthusiastic participation from all attending CRRIs.

Resource Person

The session was delivered by **Dr. Seran Reddy, M.D.** (Anaesthesia & Intensive Care), **Academic Director and Chief Operating Officer (COO) of ADrPlexus.** A distinguished Anaesthesiologist and Intensive Care physician trained at **PGIMER, Chandigarh**, Dr. Seran Reddy has extensive experience in mentoring medical graduates across India for NEET PG and INICET. He is also the author of the book “**The Rank and The Mentor**”, which focuses on preparation strategies, mindset, and challenges faced during postgraduate entrance examinations.

Key Topics Covered

During the interactive session, Dr. Seran Reddy addressed several important aspects relevant to medical interns:

Career options after MBBS in India and abroad, including clinical, academic, research-oriented, and alternative career pathways

INICET examination, its structure, level of competition, institutional advantages, and comparison with other postgraduate entrance examinations

Effective preparation strategies for **NEET PG** and **INICET**, emphasizing smart study planning, conceptual clarity, consistency, exam-oriented approaches, and mental resilience

Professional portfolio building, highlighting the importance of academic credentials, certifications, research exposure, extracurricular activities, and soft skills for career advancement

Organizational Support

The program was conducted under the active guidance of the Dean, **Dr. P. Sreenivasulu Reddy**, and the CRRi In-charge, **Dr. K. Hari Krishna Reddy**. Their


leadership and coordination ensured the smooth conduct of the event. The support and encouragement from the institutional authorities played a vital role in the successful execution of the program.

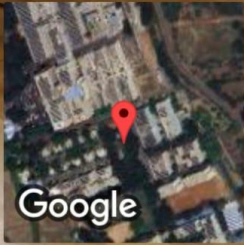
Outcome of the Program

The Career-Oriented Program proved to be highly informative and motivational for the CRRIs. It provided clarity regarding postgraduate entrance examinations, emphasized the importance of strategic and early preparation, and broadened the interns' perspective on career opportunities after MBBS. The session encouraged interns to adopt a structured, goal-oriented approach toward their future careers and reinforced the institution's commitment to holistic student development, mentorship, and career guidance..






 GPS Map Camera



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Chintareddipalem, Andhra Pradesh,
India 

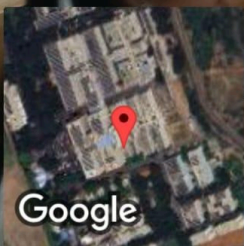
C2f7+vq7, Chintareddipalem, Andhra Pradesh 524003,
India

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Andhra Pradesh 524003, India

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THE RANK & THE MENTOR



THE WINNING FRAMEWORK TO YOUR BEST RANK

DR SERAN REDDY



"This book is for the student who shows up every day – with quiet hope and relentless courage."

Every doctor preparing for NEET PG, INICET, or abroad exams knows the pressure of preparation - the sleepless nights, the self-doubt, the never-ending syllabus. This book is not just about clearing exams, but about rediscovering focus, building resilience, and winning with strategies that actually work.

Inside, you will find :

- Practical methods to manage time, revision, and mistakes.
- Tools to stay consistent and bounce back from setbacks.
- Strategies that help you convert challenges into stepping stones.
- Guidance to prepare with clarity, balance, and confidence.

Whether you're appearing for the first time or restarting after setbacks, this book will help you realign your preparation journey and rise stronger.

ABOUT THE AUTHOR :

Dr. Seran Reddy is an alumnus of PGIMER, Chandigarh, and the Academic Director, COO, and Chief Mentor of ADRPLEXUS. As a doctor, educator, and mentor, he has guided thousands of students across India and abroad. Known for blending academic expertise with practical wisdom, he writes with the heart of a parent and the conviction of a coach - reminding every student that preparation is about more than just a rank - it's about building the mindset and habits that make ranks follow naturally.



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